



## Co-Parenting Ways To Work Together

Here are a few ideas on ways that Resource Families and Parents can co-parent together. Feel free to brainstorm other ideas together during your *All About Me* Ice Breaker meeting!

- Send cards/letters to child via the social worker or at visits
- Share pictures of child as he or she progress with parents via social worker or at visits
- Request/share pictures of child's family to display in child's room
- Schedule regular phone calls
- Work together on discipline (come up with a shared plan)
- Share case, family and child progress and successes with each other
- Exchange phone numbers and/or email addresses
- Attend school meetings and events together
- Plan special activities for visits
- Celebrate the child's birthday and holidays together
- Talk together with the child about being away from his/her parents
- Meet before or after visits to share updates
- Attend medical visits and other appointments together
- Create the child's Lifebook together and include successes, school projects, report cards, notes, pictures, and any other items to help the child see his/her successes, progress, and people that care about him/her.
- Learn about, understand and respect each other's culture.
- Share parenting concerns directly with each other and not with the child.